



TRIP MY SOUL
PRESENTS

SAR PASS TREK

PACKAGES

05D/04N

STARTING FROM
6,499/- (5% GST)
(EX KASOL TO KASOL)

BOOK NOW!

CONTACT



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9720942463



@tripmysoul.in



www.tripmysoul.co.in



SAR PASS

Duration - 5D 4N

Max. altitude - 13890

Grade - Moderate

Region - Himachal Pradesh

Trekking KM - 50KM



SHORT ITINERARY

05D/04N

DAY 01
KASOL TO GRAHAN VILLAGE
TREK DISTANCE - 10 KM
APPROX TIME - 4- 5 HOURS.



DAY 2
GRAHAN VILLAGE TO MINI THACH
TREK DISTANCE - 8 KM
APPROX TIME - 5 - 6 HOURS



DAY 3 MIN THACH TO NAGARU
ALT. 12,700 FEET
COMMENCE THE TREK BY 8 AM FOR NAGARU.



DAY 4
NAGARU TO SAR PASS TO BISKERI THACH
ALT. 13,800 FEET



DAY 5 BISKERI THACH TO BARSHAINI
ALT. 7,800 FEET





BRIEF ITINERARY

05D/04N

- **DAY 1 - KASOL TO GRAHAN VILLAGE**
TREK DISTANCE - 10 KM | APPROX TIME - 4- 5 HOURS.

The trek begins in Kasol, Himachal Pradesh. Meet to Trek Leader and team at 11:00 Am,

From there, the trail follows the Parvati River, which passes through Grahan Village and is known as Grahan Nalah.

The trek from here is easy, as villagers usually take it, and you can enjoy the scenic view. The trek from here is approximately 10 km after you pass through the dense coniferous forests and the aroma of pine trees. You will come to a clearing where you will see grassland, and on the side, you will see local vendors selling tea and snacks. Here the locals also sell rhododendron syrup made from the Buras flower (rhododendron). From there on, it is a steep climb until you reach Grahan Village, where you will camp and have lunch. If you desire, you can explore the village or the surrounding hills. Rest of the evening at leisure.

- **DAY 2 - GRAHAN VILLAGE TO MINI THACH**
TREK DISTANCE - 8 KM | APPROX TIME - 5 - 6 HOURS

Today morning woke up with a hot cup of Himalayan black tea after that, along with our trek leader, we practiced some light exercises followed by basic yoga and meditation in the calm mountains and enjoyed a delicious breakfast prepared by Trip My Soul high altitude mountain chef.



BRIEF ITINERARY

05D/04N

After that, we were on our trail from the Grahan Village trek toward the north. The climb from here is gentle, often taken by the villagers to reach Min Thach. After walking through the meadows, you will come to a dense forest where the treks become a little steeper and more confusing. There will be some clearing in the forest to set up a tent at Min Tach. On reaching Trip my soul camp sites, we will be assisted to check into the camps, and rest of the evening at leisure, followed by evening tea and snacks, evening briefing for the next day's plan, delicious dinner, and a good night's sleep.

● **DAY 3 MIN THACH TO NAGARU**

ALT. 12,700 FEET | COMMENCE THE TREK BY 8 AM FOR NAGARU.

The day's trek falls short but steep, goes above tree line and takes around 5 hours to reach Nagaru Camp.

The trek starts with a moderate climb and then becomes zig zag to negotiate the steep climb of the valley until one reaches Camp. Nagaru being at almost 3,900 meters offers amazing views of the Parvati valley and Tosh Valley. Overnight stay in tents at Nagaru.



BRIEF ITINERARY

05D/04N

● DAY 4 NAGARU TO SAR PASS TO BISKERI THACH ALT. 13,800 FEET

Start early by 4 AM for the pass to take an advantage of the firm texture of the hard snow.

The trek starts with a steep climb of an hour followed by 3 hours of trek on almost flat to gradual climb until one reaches the Pass.

The entire trek route till Biskeri Thach is covered with snow because of the altitude.

The views from the pass is exhilarating and one can see the elevated peaks of Tosh valley.

The descent from the pass is via Glissade (snow slides) and is the most fun part of the trek.

Continue the descent for an hour more through beautiful rhododendron bushes to reach the vast green meadow of Biskeri.

Overnight stay in tents at Biskeri Thach.

● DAY 5 BISKERI THACH TO BARSHAINI ALT. 7,800 FEET

Biskeri presents a sublime view of the pine forests, the majestic mountains and the lovely grasslands.



BRIEF ITINERARY

05D/04N

The trek from Biskeri to Barshaini involves a moderate descend through a dense pine forest and takes around 5 hours.

Before reaching Barshaini, the trek goes via Pulga and then follows to cross Parvati river.

Jeep ride to Kasol from Barshaini (90 minutes).

Departure from Kasol base camp by 5 PM.



INCLUSIONS

- # Transport Barshaini to Kasol
- # Meals included Lunch on Day 1 to Breakfast on Day 5
- # Accommodation in a tent (Day 1 & Day 4)
(Accommodation on a triple sharing basis.)
- # Guide and supportive staff
- # Sleeping Bags and Sleeping mats.
- # Any permit/entry free
Medical Kit.

All Toll, Parking & Tax Included





EXCLUSIONS

- GST 5% (it is Mandatory)
- Any kind of insurance (Trip my soul recommends each trekker to get insurance)
- Any Meals / accommodation beside the itinerary or no mentioned in the program
- Any Bus / Airfare to/from trek start / end point
- Personal Medical expenses, do carry your own person medication
- Any personal services such as Laundry, phone call, liquors, mineral water etc.
- Any still / video camera fee
- Any Entrance fee Monuments, Monasteries, Museums, Temples – Pay direct on the spot
- Mules or porter charges to carry private baggage (Offload Charges for bag 500 per day, per bag. Note: bag weight should not be more than 10 kg.
- Any kind of emergency evacuation charges
- Any services that is not mentioned in cost inclusion section





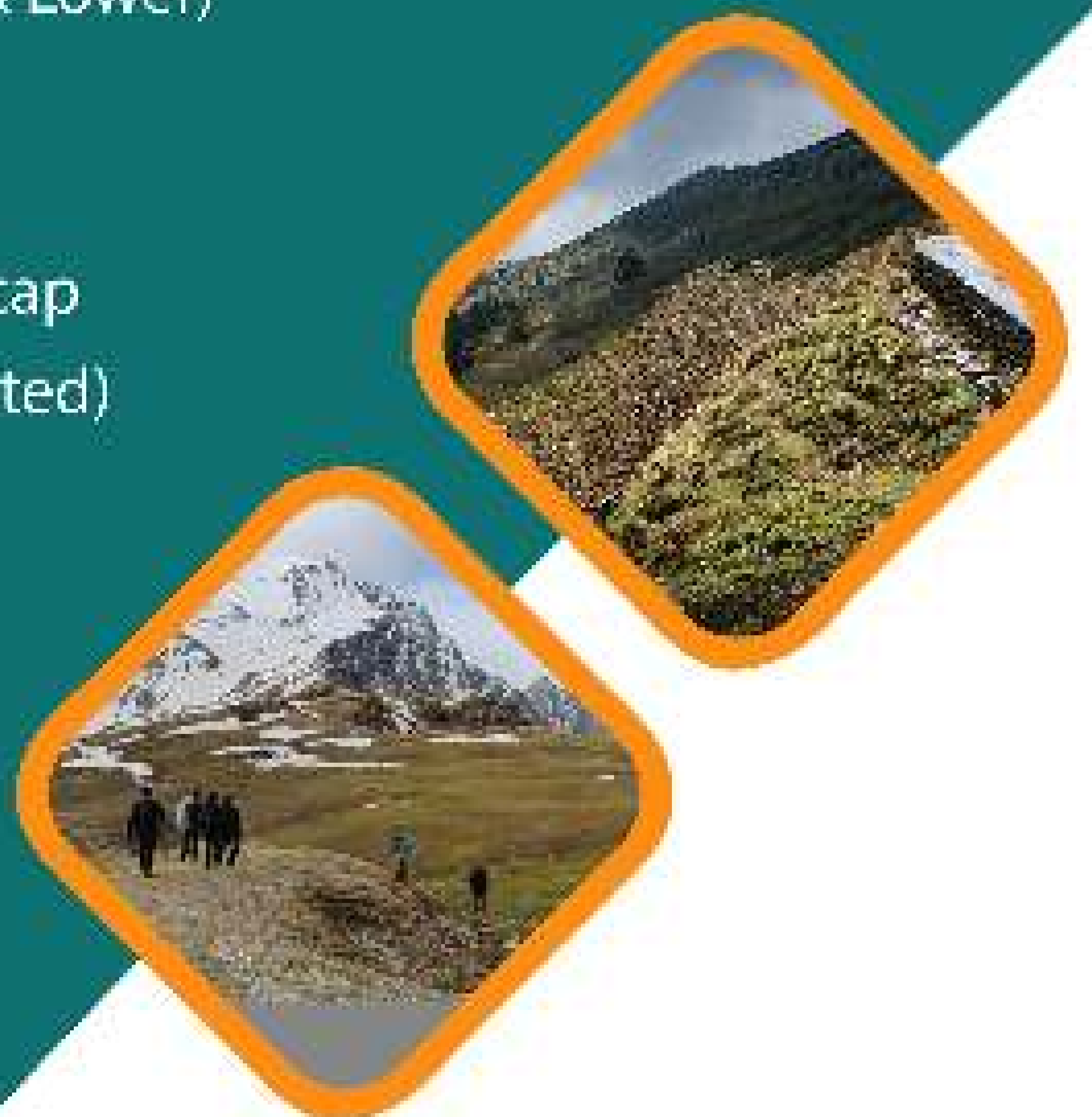
THINGS TO CARRY

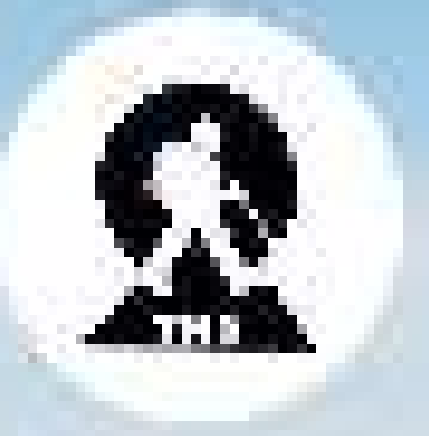
Basic Gears

- 1 - 40-60 Ltr. Rucksack with Rain cover
- 2 - Hot & cold water bottle
- 3 - Personal medical kit
- 4 - Snacks like energy bar, Dry fruits and ORS

Clothing & others

- 1 - 3 Tshirt
- 2 - 1 Fleece Jacket
- 3 - 1 Down Jacket
- 4 - 1 Rain Coat/Poncho
- 5 - Thermal Inner (Upper & Lower)
- 6 - 2 Trek pant
- 7 - 1 Gloves
- 8 - 1 Sun cap & woolen cap
- 9 - Sunglasses (U/V protected)
- 10 - 4 Pair Socks
- 11 - 1 Woolen socks
- 12 - Hand Sensitiser
- 13- Toilet paper
- 14 - Lip Balm
- 15 - Neck gaiter / Buff





MODE OF TRANSPORTATION

- 4 Members: Hatchback - Alto, Swift, or Equivalent Vehicle
- 5-8 Members: Tata Sumo/Mahindra Bolero, or Equivalent Vehicle
- 9-14 Members: Tempo Traveler
- 26-45 Members: Bus

***This system ensures comfortable travel for groups of various sizes)**

***For customized trek options for your group, please contact us at
8178613438, 9068513438 or 9720942463.***



PAYMENT DETAILS

UPI ID	tripmysoulteam-5@okaxis
ACCOUNT HOLDER	TRIP MY SOUL
ACCOUNT NUMBER	923020026632117
IFSC	UTIB0005188
ACCOUNT TYPE	Current

OR YOU CAN SCAN QR CODE





CANCELLATION POLICY

- 30 days before travel: 25.0% cancellation fee
- 15-30 days before travel: 50.0% cancellation fee
- 0-15 days before travel: 100.0% cancellation fee

REFUND POLICY

- Pay to receive a confirmation email from Trip My Soul.
- Remaining amount collected on arrival.

REGISTERED BY

